



# Your January gardening guide

January is a time to appreciate the great outdoors with the promise of springtime just around the corner. Here is our easy guide to January in the garden and how you can get ready for a fruitful spring.



## Prepare your seed beds

At this time of year, the ground may still be frozen. You'll know it if you try to dig and it feels like you're hitting stone. Once it's warm enough to get a spade or fork through, turn the soil once and loosen any clumps in preparation for sowing later on. You can warm any frozen ground with fleece, polythene or plastic cloches available in stock. These are also helpful when winter comes around again to protect your tender plants from the frost.



## Start chitting early potatoes

To get the best potatoes, we recommend using specially cultivated seed potatoes of which we have many varieties in stock. You'll get a much higher yield and they're hardy against diseases.

Simply put the seed potatoes on an egg tray with the eyes facing up and leave in a cool, bright place such as the conservatory. Once five good sprouts have grown, they're ready to go into the ground.



## Mulch perennial vegetables

Use well-rotted manure or garden compost to mulch your perennial vegetables, such as asparagus. This helps to suppress weed growth, helps water retention and gives the soil a nutrient boost. Doing this now will prevent you having to weed and water so much further down the line. Try going peat-free this spring with New Horizon compost - in stock now.



## Build a raised bed

This is the year for home-grown vegetables. Healthy and satisfying to do, you'll know exactly where your food came from: your own lovingly curated vegetable beds! Raised beds warm faster after the winter and have good drainage, making it perfect for veggies that love clay-type soils. We have plenty of pre-built beds at the centre, or you can build your own with some help and advice from our expert team.



## We Houseplants

**10<sup>TH</sup>  
JANUARY  
2022**

National Houseplant  
Appreciation Day

## DID YOU KNOW...



### SPIDER PLANT

are great fighters against formaldehyde, and other toxic air impurities. If you're not much of a green thumb, a spider plant is perfect for you, as it doesn't require much care.



### PEACE LILY

is a pro at removing air pollutants — absorbing ammonia, formaldehyde, and trichloroethylene and making the indoor air cleaner.



### SNAKE PLANT

is a great houseplant for the bedroom, as it's known for improving indoor air quality.



### ALOE VERA

is famous for its healing effects, it smooths and moisturises irritated skin and treats burns, sunburn, frostbite, and even cold sores.



### JASMINE

is a great help to relieve stress and insomnia and soothe restlessness, nervousness, anxiety, and depression.